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## The effect of supplementary feeds quality on growth performance and production of common carp (*Cyprinus carpio* L.) at one summer of age, in ponds aquaculture systems

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Abstract. The paper presents some aspects regarding the influence of food quality on common carp (Cyprinus carpio) fry and juveniles, fed with different extruded and expanded pellets. The experiment covered 120 day-period, and was carried out in four small breeding units, type pond, 5000 m<sup>2</sup> each. Two kind of variants were compared, with repetition: V1, using pellets with 48% and 35% crude protein and V2 using pellets with 48% and 30% crude protein, respectively. The stocking density was of 30000 fish ha<sup>-1</sup> (30 kg ha<sup>-1</sup>), in each variant. The same feed quantity and feeding level was used in every unit. At the end of the experiment the technological indicators revealed the following: the mean biomass gain was 3825 kg ha-1 in V1, compared with 3510 kg ha-1 in V2. This was correlated with the quality of pellets used, more favorable in V1; the mean growth rate of fish biomass (GR) varied in a similar way, from 31.88 kg day<sup>-1</sup> in V1 to 29.25 kg day<sup>-1</sup> in V2. The differences were also influenced by the pellets quality; the mean specific growth rate of fish biomass (SGR) was 4.05% day<sup>-1</sup> in V1 and 3.98% day<sup>-1</sup> in V2. This shows that the fish growth was very good, in both variants; the mean feed conversion ratio (FCR) was 1.26 kg of pellets per kg weight gain in V1 and 1.38 kg of pellets per kg weight gain in V2. The FCR values are very good for fishponds system. The quality of supplementary feeds positively influenced the FCR final value. The fish breeding parameters showed that variation in feed quality, in term of crude protein end gross energy, positively influenced the growth performance of common carp fry and juveniles, fish biomass gain and feed conversion.

Key Words: common carp, fishponds, extruded/expanded pellets, growth rate, feed conversion.

**Introduction**. Fisheries are an important segment of the global food system, presently representing approximately 20% of protein intake. Aquaculture currently is the source of half of world fisheries production for human consumption and around 8-9% of the animal protein intake (Boyd 2015; FAO 2012).

The common carp (*Cyprinus carpio*) is the third most important farmed freshwater species in the world and the most important in Eastern Europe (Ljubojevic et al 2015). Semi-intensive carp culture is an ancient popular practice in Romania, representing the most applied aquaculture technology. The main reason of carp production intensification is represented by cereals replacement with pelleted and extruded feeds (Markovic 2010, cited by Ciric et al 2015).

In 1988, the total inland fish production of Romania was about 60,000 metric tons, being the second in Europe (FAO 1995). More than 90% of this production was realized in semi-intensive culture systems, based on common carp and Chinese carp species. After 1989, the freshwater fish production of Romania dramatically decreased to about 10,000-15,000 metric tons per year (FAO 2015).

Following the spectacular development of the aquaculture sector numerous scientific studies have been addressed to nutrition research and to development of specific diets for aquatic organisms. In aquaculture industrial systems the high yields could not be obtain unless the use of formulated feed, supplementary feeding being

addressed not only for maintenance but mainly for production purposes (Oprea & Georgescu 2000).

In aquaculture, the efficiency of granulated feed utilization depends largely on formulation and preparation technology and thereof, on the combination and concentration of raw feed ingredients in mixtures that meet nutritional requirements of cultured species. Because protein is the most expensive part of fish feed, especially if it originates from marine fish meal, it is important to accurately determine the protein requirements for each species and size of cultured fish (Hepher 1988; Lovell 1987; Horvath et al 1992).

The aim of this study was to elucidate the effects of supplementary feeds, extruded and expanded pellets with 48%, 30% and 35% crude protein, on common carp growth performance and feed intake.

#### Material and Method

**Study site and pond preparation**. The 4 months experiment was conducted between June and October 2014 in 4 ponds, located at the Giurgiu/Bila Fish Farming of Alexander Park Company. All ponds were rectangular in shape with a size of 5000 m<sup>2</sup> and an average depth of 1.2 m. Prior to the experiment, ponds were drained, renovated, small fishes (*Leucaspius delineatus, Pseudorasbora parva, Gobio gobio, Carrasius gibelio, Perca fluviatilis, Rutilus rutilus, Scardinius erythrophthalmus* etc.) and macro vegetation (*Phragmites communis, Tipha latifolia*) were eradicated.

Pond fertilization is an important component of semi-intensive to intensive aquaculture pond management that supports successful production of the culture organism (Green 2015). In order to increase the natural food growth and availability, were used 100 kg ha<sup>-1</sup> CaOCl<sub>2</sub> (bleach), 1000 kg ha<sup>-1</sup> Ca(OH)<sub>2</sub> (lime), 100 kg ha<sup>-1</sup> NH<sub>4</sub>NO<sub>3</sub> (ammonium nitrate) and 3000 kg ha<sup>-1</sup> manure.

*Fish stocking and feed management*. All ponds were stocked with 30000 common carp fry per ha, with 1 g fish<sup>-1</sup> as individual body weight. Two experimental variants were used, the factor being the crude protein of expanded pellets: 30% in V1 and 35% in V2. Before using these diets, in the first 30 days, in V1 and V2, another extruded fodder with 48% crude protein was used. All treatments were executed in duplicate.

As feed ingredients, the three kind of diets contained fish meal, soybean meal, cereals products, yeast, minerals and vitamin premix. All extruded and expanded pellets were imported by Kralex Food Solutions Technology Co., Romania from ECO FEED D.O.O., Serbia (Table 1).

Table 1

Nutrients	UM	FeedEx 48/10	FeedEx 35/09	FeedEx C 30/07 Profi		
Crude protein	%	48.0	35.0	30.0		
Crude fat	%	10.0	8.0	7.0		
Ash	%	8.0	10.0	8.0		
Crude cellulose	%	4.0	4.0	4.0		
Phosphorus	%	0.8	0.8	0.8		
Vitamin A	U.I. kg⁻¹	10000	10000	10000		
Vitamin $D_3$	U.I. kg <sup>-1</sup>	1800	1800	1800		
Vitamin E	mg kg⁻¹	60	60	60		
Antioxidant BTH E <sub>321</sub>	mg kg⁻¹	100	100	100		
Crude energy	Mj kg⁻¹	19.4	18.4	18.1		
Metabolic energy	Mj kg⁻¹	15.3	14.8	14.5		
Granulation	mm	0.2	2.0	2.0		

Chemical composition of extruded and expanded pellets

The food was applied daily, at 25% feeding level in the first week to 0.75% in the last week. Feeding rates per pond were adjusted weekly after weighting minimum 100 fish.

*Water quality assessment.* From each pond, water samples were collected daily, for analysis: temperature, dissolved oxygen and pH measurements. The instruments used were a thermometer/pH-meter HI 98128 and an oxygenmeter HI 9147, from Hanna Instruments Co.

*Fish harvesting*. At the end of the experiment ponds were drained and all fish were harvested and weighted. The technological indicators were calculated using the formulas:

Fish biomass gain (FBG): FBG = (Bf) - (Bi) [kg ha<sup>-1</sup>] with Bf – final fish biomass; Bi – initial fish biomass

Growth rate (GR): GR = (Bf - Bi)/t [kg fish biomass day<sup>-1</sup>] with Bf – final fish biomass; Bi – initial fish biomass, t - duration of the experiment

Specific growth rate (SGR): SGR =  $100 \times (\ln Bf - \ln Bi)/t$  [% fish biomass day<sup>-1</sup>] with Bf – final fish biomass, Bi – initial fish biomass, t - duration of the experiment

Feed conversion ratio (FCR): FCR = F/FBG [kg feed intake per kg fish biomass gain] with F – feed intake, FBG – fish biomass gain

Protein efficiency ratio (PER): PER = FBG/(F \* CP/100) [kg kg<sup>-1</sup>] with FBG – fish biomass gain, F – feed intake, CP - crude protein.

**Statistical analysis**. The mean values for final individual weight and water quality parameters from different treatments were compared using "student t test" for independent samples respectively one-way analysis of variance (ANOVA), after testing homogeneity of variance with Levene's test. Significant differences between group means were identified using the Duncan's multiple comparison test. Mean differences were considered significant at p < 0.05. Standard deviation in each parameter and treatment was calculated and expressed as "mean±SD". All statistical analyses were performed with the aid of a computerized statistical package, "SPSS for Windows" version 21.0.

### **Results and Discussion**

*Water quality assessment*. Edwards (2015), showed that the modern aquaculture has a major adverse environmental impact, causing eutrophication because of intensification through increasing use of pelleted feed as well as expansion of the aquaculture area. Most feed nutrients consumed by fish are released into the immediate environment in which they are farmed as only about 1/3 of the nutrients in the feed are removed in the harvest of the fish with 2/3 voided by fish during growth. The potential adverse environmental impacts of aquaculture effluents increase from rice/fish culture, through ponds, and to raceway and cage culture, essentially in direct proportion to the degree of intensification through use of pelleted feed and the exchange of water between the internal environment of the culture system and the external environment.

The temperature during the experiment varied from 12.1 to 25.8°C. Except late September, the temperatures were maintained at an optimum for the growth of carp (Figure 1). In the four experimental ponds, water temperature registered similar dynamics with no statistical differences (p > 0.05) among mean values ( $20.72\pm3.82^{\circ}$ C in V1R1;  $20.66\pm3.68^{\circ}$ C in V1R2;  $20.70\pm4.04^{\circ}$ C in V2R1;  $20.62\pm4.00^{\circ}$ C in V2R2). Song-bo et al (2012), investigated the feeding rhythm of common carp from 4°C to 34°C. The results indicated that there was a daily feeding rhythm for both adult (630-850 g fish<sup>-1</sup>) and youngsters (61-91 g fish<sup>-1</sup>) at all tested temperatures.

In both experimental variants and replicates the dissolved oxygen registered values from 5.9 mg  $L^{-1}$  (in August) to 8.6 mg  $L^{-1}$  (in September), thus variating within

optimal range for carp rearing (Figure 2). The statistical comparisons of mean values of dissolved oxygen measured in all four ponds ( $6.92\pm0.57$  mg L<sup>-1</sup> in V1R1,  $6.84\pm0.61$  mg L<sup>-1</sup> in V1R2,  $6.93\pm0.75$  mg L<sup>-1</sup> in V2R1,  $6.92\pm0.76$  mg L<sup>-1</sup> in V2R2) showed no significant differences (p > 0.05) among treatments.

Throughout the period of the experiment, the pH values varied between 7.19-8.52 units values within optimal range for the growth of carp juveniles (Figure 3). The statistical comparisons of mean values of pH measured in all four ponds ( $7.97\pm0.54$  in V1R1,  $7.94\pm0.51$  in V1R2,  $7.93\pm0.50$  in V2R1,  $7.91\pm0.48$  in V2R2) showed no significant differences (p > 0.05) among treatments.



Figure 1. Water temperature dynamics.



Figure 2. Dissolved oxigen dynamics.



Figure 3. Water pH dynamics.

*Growth performance of fish*. The influence of food quality on growth performance of one summer common carp can be analyzed using some parameters (Table 2).

Table 2

	Experimental variant						
Indicators		V1			V2		
malcators	V1R1 (BP2)	V1R2 (BP3)	MEAN	V2R1 (BP4)	V2R2 (BP5)	MEAN	
Initial fish biomass (kg ha <sup>-1</sup> )	30.00	30.00	30.00	30.00	30.00	30.00	
Final fish biomass (kg ha <sup>-1</sup> )	3900.00	3810.00	3855.00	3600.00	3480.00	3540.00	
Fish biomass gain (kg ha <sup>-1</sup> )	3870.00	3780.00	3825.00	3570.00	3450.00	3510.00	
Initial number of fish (fish ha <sup>-1</sup> )	30000	30000	30000	30000	30000	30000	
Final number of fish (fish ha <sup>-1</sup> )	25160	14940	20050	20570	21614	21092	
Survival (%)	84.00	50.00	67.00	69.00	72.00	70.00	
Initial mean body weight (kg fish <sup>-1</sup> )	0.001	0.001	0.001	0.001	0.001	0.001	
Final mean body weight (kg fish <sup>-1</sup> )	0.155	0.255	0.205	0.175	0.161	0.168	
Individual weight gain (kg fish <sup>-1</sup> )	0.154	0.254	0.204	0.174	0.160	0.167	
Experiment duration (days)	120	120	120	120	120	120	
Growth rate (GR)	32.25	31.50	31.88	29.75	28.75	29.25	
(kg fish biomass day <sup>-1</sup> )							
Specific growth rate (SGR)	4.06	4.04	4.05	3.99	3.96	3.98	
(% fish biomass day <sup>-1</sup> )							
Food quantity intake (kg)	4826.00	4826.00	4826.00	4826.00	4826.00	4826.00	
Feed conversion ratio (FCR) (kg kg <sup>-1</sup> )	1.25	1.28	1.26	1.35	1.40	1.38	
Protein efficiency ratio (PER) (kg kg <sup>-1</sup> )	2.41	2.36	2.39	2.60	2.51	2.55	
Fodder crude energy (Mj kg <sup>-1</sup> )	19.40/	19.40/	19.40/	19.40/	19.40/	19.40/	
	18.40	18.40	18.40	18.10	18.10	18.10	
Fodder metabolic energy (Mj kg <sup>-1</sup> )	15.30/	15.30/	15.30/	15.30/	15.30/	15.30/	
	14.80	14.80	14.80	14.50	14.50	14.50	
Crude protein of pellets (%)	48.00/	48.00/	48.00/	48.00/	48.00/	48.00/	
	35.00	35.00	35.00	30.00	30.00	30.00	

Growth performance of one summer common carp

Boyd (2015) showed that manufactured feeds are designed according to the nutritional requirements of fish species. These feeds are composed from a wide range of high quality feedstuffs to include fish meal, squid meal, plant meals, crushed corn, wheat flour, rice flour, meat scrap meals, feather meal, bone meal, distillers dried soluble, fish oil, vegetable oil, vitamins, mineral supplements, antioxidants etc. Typically, feeds are formed by controlling the size of pellets to accommodate various species and growth stages for which they are intended.

The main type of culture systems in Eastern Europe as well as in Romania is the semi-intensive system, which is characterized by addition of cereals to natural food, in order to meet energy requirement of fish. The extruded/expanded diets are quite new in carp production and these diets have significantly increased the production of common carp on fish farms from 1000 to over 3000 kg ha<sup>-1</sup> (Ljubojevic et al 2015).

During the trial, increases in both individual body weight and fish biomass for the two experimental feed quality were detected. After 120 days, at the end of the experiment, a direct pattern of changes in individual body weight was observed with respect to feed crude protein and crude energy of feed (Figure 4).

There were higher values of fish individual gain in V1 variant (0.204 kg fish<sup>-1</sup>), where feed quality, in terms of protein content, was higher (48-35% crude protein) compared with V2 variant, pellets with 48-30% crude protein, where and consequently individual gain was lower (0.167 kg fish<sup>-1</sup>). Fish survival rate in both treatments registered 67% and 70% in V1 and V2 variants, respectively (Figure 4).

Statistic comparison of the mean final fish weight revealed significant differences (ANOVA, p < 0.05) among all groups (both trials and replicates), post hoc test (Duncan test) emphasizing as a distinct group V1R2 replicate where the mean final weight ( $0.25\pm0.005$  kg individual<sup>-1</sup>) was significantly different comparing with other 3 ponds. Thus, in V1R1 variant the mean individual final weight was  $0.151\pm0.004$  kg individual<sup>-1</sup>, in V1R2  $0.25\pm0.005$  kg individual<sup>-1</sup>, in V2R1  $0.17\pm0.004$  kg individual<sup>-1</sup> and in V2R2  $0.16\pm0.004$  kg individual<sup>-1</sup>. The better growth registered in V1R2 variant is explained by lowest density which appeared as a result of high mortality (50%) in this pond. In fact, for all groups was detected a negative correlation ( $R^2 = 0.89$ ) between survival rate and

individual weight gain (Figure 5). The mean biomass gain was 3825 kg ha<sup>-1</sup> in V1, compared with 3510 kg ha<sup>-1</sup> in V2. This was correlated with both environmental conditions (more space and higher natural food availability for batches with lower survival rate) and quality of pellets used, more favorable in V1. The mean growth rate of fish biomass (GR) varied in a similar way, from 3188 kg day<sup>-1</sup> in V1 to 29.25 kg day<sup>-1</sup> in V2. The differences was also influenced by the pellets quality (Figure 6).



Figure 4. Individual mean body weight gain and survival of fish.



Figure 5. Individual mean body weight gain versus fish survival.



Figure 6. Fish biomass gain and growth rate.

The mean specific growth rate of fish biomass (SGR) was 4.05% day<sup>-1</sup> in V1 and 3.98% day<sup>-1</sup> in V2. This shows that the fish growth was very good, in both variants. The mean feed conversion ratio (FCR) was 1.26 kg of pellets per kg weight gain in V1 and 1.38 kg of pellets per kg weight gain in V2. The quality of fodder positively influenced the FCR final value (Figure 7). The values of FCR obtained in the current study are lower then those reported for common carp in earlier studies (Firas & Ramadan 2012).



Figure 7. Specific growth rate and feed conversion ratio.

Different authors indicated for fish that dietary protein level is an essential factor in increasing the growth performance and production of reared fish. It is well known that fish preferentially utilize dietary protein as an energy source rather than lipid or carbohydrate, so it is important to optimize protein utilization for tissue synthesis rather than for energy purposes (Jin et al 2015; Oprea & Oprea 2009; Yilmaz et al 2005; Belal 2005).

Overall, protein efficiency ratio (PER) had similar values of 2.39 and 2.55 in the V1 respectively V2 treatment. Slightly better value registered in V2 is justified by the lower amount of protein administered here, although, in all cases, was distributed the same amount of food. It follows that 30% crude protein is also recommended for rearing juvenile carp. However, using feed with 35% protein offers the advantage of obtaining a larger final production. Other authors (Stankovic et al 2010) found that common carp can make good use of dry feeds, yielding entirely acceptable growth performance and feed efficiency.

**Conclusions**. Strong synergistic effects in terms of availability of food, food intake, growth and production were obtained in ponds with 30,000 common carp fry ha<sup>-1</sup>. As expected, the good quality of supplementary feeds utilization influenced the growth performance of fish.

The fish breeding parameters showed that variation in food quality, in term of crude protein and gross energy, positively influenced fish biomass gain and feed conversion. The use of high protein feeds in semi-intensive aquaculture proved to have positive effects on fish growth and led to an increase in common carp yield per unit of volume.

The results of our research are more applicable to the aquaculture industry, because it was conducted in real production conditions. This however raises a question of sustainability, i.e. its economic, social and especially environmental (water quality) impact, needing further investigation.

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